

OWF Calendar of Events for 2020



Final three months

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| October 2-3 | OWF League Email Tournament Round 4 | OWF Countries |
| October 3-17 | Cook Islands Games | Rarotonga |
| October 30-31 | OWF League Email Tournament Round 5 | OWF Countries |
| November 1 | OWF Medical seminar including anti-doping | www.oceaniaweightlifting.com |
| November 11-18 | World Youth Cup (online) | Peru |
| November 21-22 | Oceania Cup (online) | OWF Countries |
| November 27-28 | OWF League Email Tournament Round 6 | OWF Countries |
| December 1-8 | Tokyo Oceania Elite Training Camp (??) | Canberra - AUS |
| December 18-19 | OWF League Email Tournament Round 7 | OWF Countries |
| December 20 | Olympic Gold medallist ,World Champion and World record holder online training seminar | www.oceaniaweightlifting.com |
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| September/October | OTIP Program CANCELLED | OWF Countries |
| December 14-20 | OTIP Training Camp CANCELLED | Mont Dore- NCL |
| December 19 | Pacific Cup International CANCELLED | Mont- Dore- NCL |

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RAISE THE BAR